

DR. DENISE

WORKS WITH PEOPLE WHO WANT TO CREATE
LIVES OF BALANCE, JOY AND RADIANT HEALTH



- INTERNATIONAL PROFESSIONAL SPEAKER
- CLINICAL PSYCHOLOGIST, DOCTOR OF HOLISTIC HEALTH
- AUTHOR: THE TAMING OF THE CHEW (Penguin, 7th printing)
- EMOTIONAL OVEREATING EXPERT FOR ANN LOUISE GITTLEMAN, THE FIRST LADY OF NUTRITION
- INTERNATIONAL PROFESSIONAL / CELEBRITY SPOKESPERSON FOR BACH FLOWER ESSENCES (NELSONS USA)

WHY CHOOSE DR. DENISE?

Having flunked out of college, lived as a homeless person, single parented three children and endured phases of anorexia, bulimia, binge eating disorder and obesity, Dr. Denise Lamothe went on to earn two doctorates, become an international professional speaker and motorcycle racer. Dr. Denise shares the secrets of her success and skillfully combines her personal and professional expertise in her presentations to inspire, excite and motivate her audiences. People are instantly attracted to her message and her magic...

Dr. Denise has spent her career encouraging people to make wellness a priority in their lives. The expert in her field, she is the "go to" person for anyone seeking to achieve life balance, perfect weight, joy and a healthier lifestyle. She delivers effective strategies for change and offers audiences specific, effective personal tools to make permanent, positive, healthy changes in their lives on physical, emotional, social and spiritual levels...

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